

OCTOBER 2020

FREMONT FRIENDSHIP CENTER

402-727-2815

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY		
				1 9:15-9:45 Check In 10:00 Walking Club 10:30 Bingo 11:30 Grab & Go Lunch at Center GRAB AND GO MEALS Ham and Beans	2 9:15-9:45 Check In 10:00 Chair Volleyball 10:30 Family Feud 11:30 Grab & Go Lunch at Center GRAB AND GO MEALS Chicken Cordon Bleu	3		
Grab and Go Lunch: You may now Grab your lunch inside the center at the kitchen window and eat at our tables or You may drive by and grab your meal between 11:30-12 Suggested donation is \$4. Please call ahead!								
4 	5 9:15-9:45 Check In 10:00 Chair Volleyball 10:30 Bingo 11:30 Grab & Go Lunch at Center 12:45-1pm Check In 1:00-2:30 Pitch Card Game GRAB AND GO MEALS Baked Cod Loin in Basil Sauce			6 9:15-9:45 Check In 10:00 Walking Club 10:30 Presentation-Nye "What is Home Health Care" 11:30 Grab & Go Lunch at Center GRAB AND GO MEALS BBQ Meatballs	7 9:15-9:45 Check In 10:00 Movie Day at the Friendship Center! Marv's Marvelous Popcorn 11:30 Grab & Go Lunch at Center GRAB AND GO MEALS Country Fried Steak	8 9:15-9:45 Check In 10:00 Walking Club 10:30 Bingo 11:30 Grab & Go Lunch at Center 12:45-1pm Check In 1:00-2:30 Pitch Card Game GRAB AND GO MEALS Sweet and Sour Chicken Breast	9 9:15-9:45 Check In 10:00 Chair Volleyball 10:30 Horse Derby Game 11:30 Grab & Go Lunch at Center GRAB AND GO MEALS All Beef Chili Dog	10 
11	12 CENTER IS CLOSED  NO GRAB AND GO MEALS			13 9:15-9:45 Check In 10:00 Walking Club 10:30 Name that Tune 11:30 Grab & Go Lunch at Center GRAB AND GO MEALS Oven Roasted Pork Loin	14 9:45 Check In Far East Door CHRISTENSEN FIELD MAIN ARENA 10:00 MUSIC W/ JOHN WORSHAM Bring your own chair! Bring your own coffee, water, or tea 11:30 Grab & Go Lunch at Center GRAB AND GO MEALS Roast Beef and Gravy	15 9:15-9:45 Check In 10:30 Bingo with Shalimar 11-12 Flu Shots-Three Rivers Health 11:30 Grab & Go Lunch at Center 12:45-Check In 1-2:30 Pitch cards & Pool Players GRAB AND GO MEALS Seafood Chowder	16 9:15-9:45 Check In 10:00 Chair Volleyball 10:30 Bingo w/ Fremont Therapy and Wellness 11:30 Grab & Go Lunch at Center GRAB AND GO MEALS Hamburger Patty with Gravy	17
18 	19 9:15-9:45 Check In 10:00 Chair Volleyball 10:30 Bingo 11:30 Grab & Go Lunch at Center 12:45-1pm Check In 1:00-2:30 Pitch and Pool Players GRAB AND GO MEALS Orange Chicken Stir Fry	20 9:15-9:45 Check In 10:00 Walking Club 10:30 Fact or Fiction 11:30 Grab & Go Lunch at Center GRAB AND GO MEALS Beef Ravioli	21 9:45 Check In Far East Door CHRISTENSEN FIELD MAIN ARENA 10:00 MUSIC W/ BILLY TROY Bring your own chair! Bring your own coffee, water, or tea 11:30 Grab & Go Lunch at Center GRAB AND GO MEALS 10-Grain Fish Filet	22 9:15-9:45 Check In 10:00 Walking Club 10:30 Bingo with Pathfinder 11:30 Grab & Go Lunch at Center 12:45-Check In 1-2:30 Pitch cards & Pool Players GRAB AND GO MEALS Taco Joe Sandwich	23 9:15-9:45 Check In 10:00 Chair Volleyball 10:30 Big Red Trivia 11:30 Grab & Go Lunch at Center GRAB AND GO MEALS Chicken Breast w/ Gravy	24 NU VS OHIO STATE 		
25	26 9:15-9:45 Check In 10:00 Chair Volleyball 10:30 Bingo 11:30 Grab & Go Lunch at Center 12:45-1pm Check In 1:00-2:30 Pitch and Pool Players GRAB AND GO MEALS Chicken Fried Steak w/ Gravy	27 9:15-9:45 Check In 10:00 Walking Club 10:30 Discoveries of Forte' Piano Humanities Nebraska Program 11:30 Grab & Go Lunch at Center GRAB AND GO MEALS Swedish Meatballs	28 9:45 Check In Far East Door CHRISTENSEN FIELD MAIN ARENA 10:00 MUSIC WITH THE LINKS Bring your Lawn Chair & Water 11:30 Grab & Go Lunch at Center 1:00 Board Meeting GRAB AND GO MEALS BBQ Chicken Breast	29 9:15-9:45 Check In 10:00 Walking Club 10:30 Bingo 11:30 Grab & Go Lunch at Center 12:45-Check In 1-2:30 Pitch cards & Pool Players GRAB AND GO MEALS Italian Goulash	30 9:15-9:45 Check In 10:00 Halloween Trivia 10:30 Halloween Bingo and Costume Contest 11:30 Grab & Go Lunch at Center GRAB AND GO MEALS Salisbury Steak w/ Gravy	31 NU VS WISCONSIN  HALLOWEEN		

1730 WEST 16TH-(LINDEN AND RIDGE ROAD) LOCATED AT CHRISTENSEN FIELD